



Sacred JOURNEY TOGETHER

21 DAYS OF CONSECRATION



PARTICIPANT GUIDE

2026

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SENIOR PASTOR

The Year of Engagement:

Building Community The Acts 2 Way

1. Welcome to the Journey

We warmly welcome you into this dedicated season of pursuit, marking The Year of Engagement: Building Community the Acts 2 Way.

For twenty-one days, we will set ourselves apart as one body, with one heart, to seek God. We hold firmly to the truth that as we live consecrated lives, our light will shine in such a way that others will see and glorify our Father in heaven, just as Scripture teaches.

This guide is designed to be your trusted companion throughout this sacred journey. Together, we will love God, lift people, and serve our community through a dedicated lifestyle of consecration.

Scripture Focus

“Sanctify yourselves: for tomorrow the Lord will do wonders among you.”

Joshua 3:5

“Your light must shine before people in such a way that they may see your good works, and glorify your Father who is in heaven.”

Matthew 5:16 NASB

Remember:

This consecration is not about routine.

It is about reverence.

It is not about restriction.

It is about realignment.

2. Key Dates and Overview

Consecration Dates

Wednesday, January 7 through Tuesday, January 27, 2026

Daily Fast

We will observe the Daniel Fast each day from 6:00 AM to 6:00 PM.

On Sundays, the fast will conclude at 2:00 PM as we gather for worship and fellowship. Please continue to choose Daniel Fast-friendly foods to maintain the spirit of consecration.

Weekly Total Fast (Water Only)

Thursdays:

January 8

January 15

January 22

Participation is encouraged as you are able. If you have health concerns, please consult your physician beforehand.

Closing Consecration Service

Sunday, February 1, 2026

This service will be a sacred time of worship, shared testimonies, and celebration for all God has done. Together, we will step forward into The Year of Engagement.

We undertake this consecration because God is calling us higher, drawing us closer, and leading us deeper. Our desire is that our collective light would shine brightly and lead others to glorify our Father in heaven.

3. Our Mission and Vision in This Consecration

Our Mission

To love God, lift people, and serve the community.

To bring people to Jesus Christ, nurture them in a lifelong relationship with God, and integrate them fully into the life of the church.

Our Vision

To be a vibrant church united in the passionate pursuit of God's purpose.

We envision a community of believers wholly devoted to loving God, lifting people, and serving the community. Through Spirit-filled ministry, we cultivate worship, discipleship, and outreach, believing for transformed lives, strengthened families, and a community impacted by the power and love of Jesus Christ.

How This Consecration Serves the Vision

Through fasting and prayer, our love for God deepens.

As God works within us, we are empowered to lift people through prayer, encouragement, and acts of love.

As our light shines more clearly, we discover new ways to serve the community through good works that point directly to the Father.

4. What Consecration Means

Consecration is the intentional act of setting yourself apart for God's sacred purposes in every area of life.

During these twenty-one days, we respond collectively by:

- Drawing nearer to God through intentional prayer, worship, and engagement with His Word.
- Laying aside distractions and appetites that dull spiritual sensitivity.
- Saying "yes" again to God's will, His call, and His mission for our church in 2026.

If you miss a day or find the fast challenging, do not be discouraged.

This journey is not a test of perfect performance.

It is a posture of the heart.

God's grace is sufficient. Simply return your heart to Him and continue forward with your church family.

5. Guidelines for the Daniel Fast

Foods Generally Included

- All vegetables
- All fruits
- Whole grains such as brown rice, oats, quinoa, and barley
- Legumes such as beans, lentils, and peas
- Nuts and seeds that are unsalted and unsweetened
- Water as the primary beverage

Foods Generally Excluded

- All meat and animal products
- All dairy products
- All sweeteners including sugar, honey, syrups, and artificial sweeteners
- Leavened bread and baked goods
- Processed and fried foods
- Caffeinated beverages and sodas

Daily Schedule

The fast is observed from 6:00 AM to 6:00 PM.

On Sundays, the fast concludes at 2:00 PM.

Even as we break for fellowship, we encourage simple, wholesome choices that honor the focus of the fast.

If you have medical conditions, are pregnant or nursing, or are taking medication, please consult your physician before beginning. Participate in a way that is wise, safe, and sustainable while honoring the spirit of our collective consecration.

6. Weekly Structure and Daily Themes

Week One: Foundations of Consecration

Day 1, Wednesday, January 7

Separation and Surrender

Romans 12:1–2

Day 2, Thursday, January 8

Repentance and Cleansing

Total Fast

Psalm 51:10–12

Day 3, Friday, January 9

Hunger for God

Matthew 5:6

Day 4, Saturday, January 10

Renewed Mind

Philippians 4:8

Day 5, Sunday, January 11

Obedience

John 14:23

Day 6, Monday, January 12

Faith and Trust

Proverbs 3:5–6

Day 7, Tuesday, January 13

Rest and Reflection

Psalm 46:10

Week Two: Posture and Power

Day 8, Wednesday, January 14

Spiritual Alignment

Amos 3:3

Day 9, Thursday, January 15

Strength in the Spirit

Total Fast

Isaiah 40:31

Day 10, Friday, January 16

Godly Discipline

1 Corinthians 9:27

Day 11, Saturday, January 17

Hearing God Clearly

John 10:27

Day 12, Sunday, January 18

Humility

James 4:10

Day 13, Monday, January 19

Spiritual Authority

Luke 10:19

Day 14, Tuesday, January 20

Commitment and Endurance

Hebrews 12:1

Week Three: Vision and Fulfillment

Day 15, Wednesday, January 21

Purity of Heart

Matthew 5:8

Day 16, Thursday, January 22

Courage and Boldness

Total Fast

Joshua 1:9

Day 17, Friday, January 23

Godly Wisdom

James 1:5

Day 18, Saturday, January 24

Walking in Love

1 Corinthians 13:1–7

Day 19, Sunday, January 25

Fruitfulness

John 15:5

Day 20, Monday, January 26

Gratitude and Praise

Psalm 103:1–5

Day 21, Tuesday, January 27

Consecrated for Purpose

Joshua 3:5

7. A Daily Rhythm for Engagement

Morning

Read the day's Scripture slowly and thoughtfully.

Prayer:

"Lord, I present this day and this fast to You. Let my light shine before others today in a way that leads them to glorify You."

Midday

Pause to refocus.

Ask yourself:

Am I loving God well in this moment?

Is there someone I can lift with encouragement or prayer?

How can I serve my community today, even in a small way?

Evening

Reflect and journal.

What did God reveal today?

Where did you experience challenge?

How did you love God, lift someone, or serve?

What are you grateful for?

8. Practical Tips for a Fruitful Fast

- Plan meals in advance to remain focused on spiritual nourishment.
- Drink plenty of water throughout the day.
- Limit distractions such as excessive media and entertainment.
- Connect in prayer with others and share what God is doing.
- Stay alert for opportunities to perform good works that let your light shine.

9. Navigating Difficulty in the Fast

Moments of discomfort are often divine invitations to deeper dependence on God.

- Be honest with Him about your struggles.
- Ask the Holy Spirit for renewed strength and clarity.
- Return to Scripture and worship for comfort and direction.
- Reach out to a fellow believer for encouragement.

If you stumble, begin again with grace.

The goal is not perfection, but a heart that continually turns toward God.

10. The Closing Service and Moving Forward

On Sunday, February 1, 2026, we will gather for our Closing Consecration Service. This will be a time of worship, testimony, and fresh dedication as we step fully into The Year of Engagement.

From this season, we move forward with deeper love for God, stronger commitment to lifting people, and renewed passion for serving our community.

View this consecration as a spiritual reset.

A holy return.

A divine alignment.

Together, as the Judea Apostolic Church family, we believe and expect that God will do wonders among us in 2026.

Judea Apostolic Church

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